



## Practice Schedule

2020-21

GROUP	MON	TUE	WED	THR	FRI	SAT	NOTES
PEAK	3:15 - 5:45	3:15 - 5:45	3:15 - 5:45	3:15 - 5:45	3:15 - 5:45	8:00 - 10:00	Dryland 3:15 - 4:00 M-F + 5:30-6:30AM 3X week
1	3:15 - 5:45	3:15 - 5:45	3:15 - 5:45	3:15 - 5:45	3:15 - 5:45	8:00 - 10:00	Dryland 3:15 - 4:00 M-F
2	3:30 - 5:30	3:30 - 5:30	3:30 - 5:30	3:30 - 5:30	3:30 - 5:30	8:00 - 10:00	Dryland 5:30 - 6:15 M-F
3	6:45 - 8:15	6:45 - 8:15	6:45 - 8:15	6:45 - 8:15	6:45 - 8:15		Dryland 7:45 - 8:15 M-F
4		5:45 - 6:45	5:45 - 6:45	5:45 - 6:45	5:45 - 6:45		
END.		6:45 - 7:45			6:45 - 7:45	10:00-11:00	